



FULBOURN FORUM FOR COMMUNITY ACTION



NEWSLETTER - SEPTEMBER 2023

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DATES FOR YOUR DIARY

SEPT

Fulbourn Autumn Community Market

Saturday 2nd September, Townley Hall, Fulbourn Centre, Home End, 2.30 to 5.30pm

The usual mix of food and crafts, and the WI cafe. Full details below.

Resource Centre and Edge Cafe Open House

Thursday 7th September, Resource Centre, Fulbourn Hospital, 1pm to 4pm

Apple Pressing Day

Sunday 24 September in the Old Stables, Fulbourn Manor. 10.00am to 4.30pm

The pressing of Fulbourn apples for pasteurised apple juice. Apples and helpers required. Full details below.

OCT

Community Litter Pick

Sunday 8 October, meeting at the Fulbourn Centre between 2.00 and 2.30pm to collect the pickers, hoops and bags, and to confirm picking areas. Further details below.



RESTORING FULBOURN WINDMILL



Fulbourn Forum is keen to support the proposed plans to fully restore Fulbourn Windmill. Indeed, three members of our committee, on a personal basis, are trustees of the newly emerging Fulbourn Windmill Trust. The Fulbourn Windmill Society is keen to involve as wide a section of the community as possible in the future life of the mill. It writes:



Built in 1808, Fulbourn Windmill finally ceased working in 1937. The Mill is a fine example of a squat Cambridgeshire octagonal smock mill. After 40 years of neglect the condition of the Mill was of real concern until 1974 when Fulbourn Windmill Society was created with the long-term aim of restoring the Mill. Despite the best efforts of the Society with regular working parties to delay the deterioration, it was clear that the Mill was reaching a critical stage. The main structure is rotting after decades of water damage and is no longer capable of supporting the cap and sails which weigh around 18 tonnes.

Fast forward to 2023 and Fulbourn Windmill Society has been resurrected. A very generous donation from Wright's Clock Land CIO, a Fulbourn charity, means that the Mill could be fully restored to be a working windmill capable of grinding grain. Fulbourn Windmill is one of the few windmills still with its complete machinery almost intact, so once the structure is sound the machinery could be restored to working condition. For the first time in almost a century the Mill could be capable of producing flour again. The work, which would last several years, cannot start immediately as the legal basis of the Fulbourn Windmill Society and the Fulbourn Windmill Trust must first be put in place. However, it is very exciting times for the Windmill.



If you would like to be kept informed of progress through an occasional newsletter, and the opportunity to get more involved in the future, please sign-up via the link below:

<https://subscribepage.io/AQq77k>

A more detailed description of the windmill's past and the current project can be found on our own website:

<https://fulbournforum.org.uk/the-village-environment/>

This is an article written by Chris Meakin, the editor of the parish magazine The Mill, and published in the August





Fulbourn Community Autumn Market

Saturday 2 September, 2.30 to 5.00pm, in the Townley Hall, Fulbourn Centre

The stalls with handmade crafts include original art, prints and T-shirts, cards for all occasions, two jewellery stalls (one with gemstones/silver jewellery and one with coloured glass jewellery), a range of leather goods including bags and wallets, a selection of fabric and knitted items, and lots of hand-crafted wooden items both decorative and practical. Inner Lather will also be there with handmade soaps, lotions and face/body care products. And the Cambridge Flower Farm will have a colourful selection of seasonal locally grown flowers in the form of bunches and bouquets.

The food stalls will include a selection of cakes, bread, tarts and baked items (including savoury), vegetarian samosas, vegetarian sausage rolls, onion bhajis, jams, chutneys, and local honey and eggs. Artistry in Cocoa will also be there with its range of handmade chocolates. And not forgetting ales from Fulbourn's Moonshine Brewery.



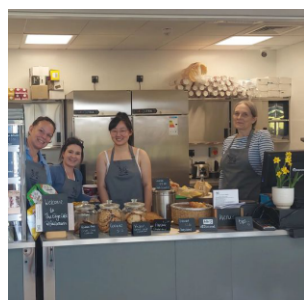
Resource Centre and Edge Cafe Open House- Thursday Sep 7th, 1-4pm



Heart and Soul at the CPFT will be hosting an open house, downstairs in the Resource Centre at Fulbourn Hospital.

An event to promote the cafe and our ambition to be a place for socially involving activities that help to normalise, as much as to celebrate and enjoy being in a community with wellbeing and healing in its heart. Our hope is that we will engage the wider community on this occasion and introduce them to who we are, what we offer - and why we offer it.

Please join us.
John Nicholson, CPFT Heart and Soul Chaplain





Apple Pressing Day

Sunday 24 September, in the Old Stables, Fulbourn Manor.
10.00am to 4.30pm.

This will be our first community apple pressing event since 2018, our eighth since we began in 2012. In 2019 we had to cancel as there was not an adequate supply of apples on the village trees, and then the pandemic prevented events in 2020 and 2021. Last year, the Forum committee with a few helpers undertook a scaled down version to allow us to rethink and experiment with the procedures - this resulted in around 50 bottles, some of which were available at the November 2022 community market.

We hope that this year a few volunteers will again come to help with the washing of the apples, the cutting up, scratting, and pressing. Always plenty to do. Do come if you can, even for just a short time. You are also very welcome to come to just watch the activity for a while. Drinks and cakes will be available during the day - donations of cakes and biscuits gratefully accepted (please let us know).



Hopefully many of our regular apple providers will have some for us this year, but if you have an abundance that you cannot possibly eat or keep, then please contact us so that we are aware of the rough quantities available. We always need lots of apples! Bring apples on the day (in the morning if possible) but we may be able to collect in advance. Let us know. We may also be able to help pick your apples during the preceding week (we have long handled pickers for taller trees). Any quality windfalls should be freshly gathered and clean please - those covered with grass cuttings or mud are difficult to use.

All helpers (and apple providers) will receive a bottle or two to take home. For others, it may be possible to purchase a bottle of the freshly pressed juice once it has been pasteurised, cooled and labelled.





Fulbourn Community Litter Pick

Sunday 8 October. Meet between 2.00 and 2.30pm outside the Fulbourn Centre to collect equipment and to confirm your picking area.

We hope that you can join us to help clean up the village before the onset of the winter months. As usual, there is plenty of litter about, but with enough volunteers we should be able to cover most of the village, including getting out along the many approach roads towards the parish boundaries where a lot of rubbish is thrown out of moving cars! This includes Cambridge Road, Fulbourn Old Drift, Teversham Road, Wilbraham Road, Balsham Road, Babraham Road, and Shelford Road. Pickers and bags (and bag holders) will

be available outside the Fulbourn Centre, but please bring your own picker if you have one. And don't forget suitable gloves and, if you have one, a hi-vis vest for when picking on road verges - however, we will have plenty of gloves and a few vests to borrow if necessary. Supervised children of all ages are very welcome - we will assign them to the quieter village streets.

We hope to be able to provide refreshments back at the Fulbourn Centre when you return your pickers between 4.00 and 5.30pm - confirmation on the day. Arrangements will be made for collection of the filled bags from the roadside - no need to carry them back unless you are able to.

If you cannot make the Sunday afternoon but would still like to help, contact us for the pickers and bags (available from Friday afternoon, 6 October) so that you can litter pick your chosen area in the morning or on another day - several people have been doing this.

Although there is usually a reasonable turnout of volunteers, a few more hands would ensure that all areas are covered and cleared of litter. New faces are always very welcome! Do come and join in if you can, even for just an hour or so - it makes such a difference to the village.

